










katy&co menu - allergen content

DISHES	Suitable for (V, Vg, DF, GF)	Celery													
			Cereals Containin g Gluten*	Crustace ans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Tree nuts**	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide / Sulphites
Sandwich fillings															
Avocado, tomato, spinach, vegan pesto	V, Vg, DF, GF										cashew nuts ✓				
Butter/spread	V, GF							✓							
Beef brisket, mustard mayo					✓					✓					✓
Bacon, lettuce & tomato, chilli jam					✓										
Cheese & tomato	V, GF							✓							
Cheese ploughman's	V							✓							✓
Chicken caesar			Wheat ✓		✓			✓							
Coronation chicken					✓			✓							✓

Mini vegetable quiches	V		✓		✓			✓							
Mozzarella and tomato skewers	V, GF							✓							
Chicken goujons	DF		Wheat ✓											✓	
Prawn cocktail cups			✓		✓	✓									✓
Posh sausage rolls			Wheat ✓		✓					✓					✓
Plain sausage rolls			Wheat ✓		✓										✓
Roasted vegetable filo cups	V		Wheat ✓					✓							
Vegetable samosas	V, DF		Wheat ✓												✓
Salads, pasta and potatoes															
'All the colours' salad	V, Vg, DF, GF														
Apple, celery, walnut salad	V, GF	✓			✓			✓		✓	walnuts ✓				✓
Caesar salad	V		Wheat ✓		✓			✓							

Couscous, herbs, sun-dried tomatoes, citrus zest, pomegranate	V, Vg, DF		Wheat ✓												
Green salad	V, Vg, DF, GF														
Greek salad	V, GF							✓							
Slaw	V, GF				✓			✓							
Lentils, green herbs, lemon	V, Vg, DF, GF														
New potatoes, lemon, olive oil, parsley	V, Vg, DF, GF														
Pasta, tomatoes, basil, parmesan, olive oil	V		Wheat ✓					✓							
Cakes & pudding canapes															
Chocolate and cherry brownie bites	V		✓		✓			✓							
Flapjack bites	V, GF		Oats ✓					✓							
Granola squares	V, Vg, DF, GF		Oats ✓					✓		sunflower/ pumpkin seeds ✓		✓			
Lemon drizzle traybake	V		✓		✓			✓							

Mini scones with jam and clotted cream	V		✓		✓			✓							
Mini Victoria sponge cakes	V		✓		✓			✓							
Baby raspberry & cream meringues	V, GF				✓			✓							
Baileys brûlée pots	V, GF				✓			✓							
Cherry cheesecake pots	V		✓		✓			✓							
Fruit skewers	V, Vg, DF, GF														
Sable biscuits with cheddar, chutney & quince	V		✓					✓							✓
Tiramisu pots	V		✓		✓			✓							
Zesty lemon pots	V, GF		✓		✓			✓							
Starter canapes															
Baby roasted vegetable quiches	V		✓		✓			✓							
Goat's cheese crostinis with fig and mint	V		✓					✓							
Hoisin duck filo cups			✓					✓						✓	✓

Homemade chicken goujons			✓		✓									✓	
Homemade sausage rolls			✓		✓										✓
Chocolate strawberries	V, GF							✓							
Homemade flapjacks	V, GF		Oats ✓					✓							
Homemade mini Victoria sponge cakes	V		✓		✓			✓							
Refreshing fruit platter	V, Vg, DF, GF														
Sprinkle-dipped breadsticks	V, Vg, DF		✓												
Breakfast/brunch grazing															
See relevant sections above for each listing. Items not listed are listed below:															
Mini bagels with smoked salmon & cream cheese			✓			✓		✓						✓	
Mini cheddar cheese & cracker board			✓					✓						✓	
Mini charcuterie board															✓
Lunch/supper grazing															
Grazing boards/tables are tailored to each customer - allergen list available on request.															

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Reviewed by: K Mayers